

## INTIMATIONS

**WELCOME** to our Worship today. If you are visiting we hope you enjoy being with us, and we invite you to sign the Visitors' Book. Tea and coffee will be served in the Church hall after each service. The Church and hall have loop systems and those with hearing aids should switch to position 'T'. If you are able, please stand as the Bible is brought in and taken out.

**SUNDAY CLUB AND FYF** Sunday Club and FYF meet today at 10.50am. There is a Crèche for pre-school children each Sunday morning.

**BREAKFAST CLUB** Breakfast Club for nursery and primary children is today at 10.20am.

**PRAYER GROUP** Prayer meetings continue on Wednesday mornings at 10am in the Church hall. Prayer is the essential powerhouse of the Church and your participation would be greatly valued.

**INFORMAL PRAYER TIME BEFORE THE MORNING SERVICE** From 10.15-10.45am each Sunday the posh room is available for prayer spoken and unspoken, for our church, for the world and for current needs. You can come and go within that time so no need to stay for the half an hour. Feel free to drop in.

**LADIES BIBLE STUDY** The next meeting will take place on Wednesday 4<sup>th</sup> March in the Church hall at 1.30pm for approximately an hour. We are studying Genesis this session. It would be really good if you would join us then. A warm welcome awaits all those who want to know more of God's word.

**PASTORAL CARE TEAM** We'd like to help and so give us a call if you think we could assist. Call either your elder or the coordinator, Janette Steele (01349 861591). We'd like to help.

**BUNDLES OF FUN** For all parents/carers, babies + toddlers, every Thursday in the hall from 1pm-2:30pm. Come along and relax over a cup of tea/coffee whilst you watch the children play.

**GUILD** The next meeting of the Guild will take place tomorrow, 2<sup>nd</sup> March at 7.30pm in the Church Hall. The speaker for the evening is Janette Steele, CrossReach Regional Speaker on "CrossReach at 150". This is an open meeting for all who'd like to attend. Do come along and bring your friends.

**FERINTOSH FOCUS** The next edition of the Ferintosh Focus newsletter will be published in mid-March. Any articles to be with the Editor by 6<sup>th</sup> March.

**PASTORAL DUTIES** Rev'd Stephen Macdonald can be contacted on 864273 if required for any Pastoral duties.

### Services next Sunday

Morning Service at 11.00am with Rev'd Stephen Macdonald

Evening Service at 6.30pm with Rev'd Stephen Macdonald

Registered Charity no. SC012675

## Ferintosh Parish Church



## Order of Service

for

**Sunday 1<sup>st</sup> March 2020**

**11.00am**

**Holy Communion Service**

**Rev'd Stephen Macdonald**

Welcome and Intimations

Dedication of Offering

**Hymn: 19** 'Ye gates, lift up'

Prayer & Lord's Prayer

Children's Address

**Hymn: 547** 'What a friend we have in Jesus'

Reading Mark 1: 21 - 28 (*page 1002 in Bible*)

Sermon

**Hymn: 75** 'I love the Lord'

Holy Communion

**Hymn: 425** 'The Saviour died, but rose again'

Benediction

### Holy Communion Service at 6.30pm with Rev'd Stephen Macdonald

Welcome and Intimations

**Hymn: 68** 'O thou my soul'

Prayer & Lord's Prayer

**Hymn: 470** 'Jesus shall reign'

Reading Nehemiah 4: 16 - 23 (*page 488 in Bible*)

Sermon

**Hymn: 662** 'Jesus, thou joy of loving hearts'

Holy Communion

**Hymn: 52** 'How lovely is thy dwelling-place'

Benediction

**KIRK SESSION** The Kirk Session will meet at 7.00pm on Thursday 5<sup>th</sup> March in the Church Hall. Minutes and the Agenda have been circulated to all elders who have email and are available for uplift for those who do not. If you have not received your copy, please let the Session Clerk know.

**SOUP LUNCH** There is to be a Soup Lunch in the Church Hall on Friday 6<sup>th</sup> March starting at 12 midday. Why not join us for some delicious homemade soup, tea and biscuits and the chance to chat together. There will also be the opportunity to see the short video about the recent Toilet Twinning Project. There is a list at the back of the church for contributions to the lunch. We look forward to seeing you there.

**RIVER CAFÉ** The next River Cafe takes place in the Church Hall on Wednesday 11<sup>th</sup> March from 2pm-3.30pm. Why not drop in (even for a few minutes) and enjoy some tea/coffee and home baking, while catching up with friends for the all important chat? We look forward to welcoming you there. If you would be willing/able to provide some home bakes for this, can you please add your name to the list at the back of the church beforehand, so that we will know what variety of baking we can offer? Many thanks.

**WORLD DAY OF PRAYER** The 2020 World Day of Prayer service will be held in St Lawrence Roman Catholic Church, Castle St, Dingwall on Friday 6<sup>th</sup> March at 7.30pm. The service has been prepared by Christian women from Zimbabwe, on the theme: "Rise, take your mat and walk". Ferintosh is asked to provide two readers. If you are able to be a reader, or if you would like to attend and require transport, please speak to Janet Winchester.

**WORLD MISSION COUNCIL NEWSLETTER** The latest edition is now available. Those who subscribe to Life and Work will receive copies with the March issue, and there are several copies on the table at the back of the Church for anyone who would like to take one. The focus of this edition is different ways in which congregations can Encounter Others, abroad and at home.

**CHRISTIAN AID** Christian Aid has again produced Count your Blessings, a series of prompts to thought, prayer and (if wished) giving, for each day of Lent. There should be some copies to take away on the table at the back of the Church, or an electronic version is available at:

[www.christianaid.org.uk/lent-easter-appeal/count-you-blessings-online](http://www.christianaid.org.uk/lent-easter-appeal/count-you-blessings-online).

Whether or not you use Count your Blessings, please consider donating to the Appel, as Christian Aid is currently struggling to meet its current commitments. Christian Aid Week this year will run from 10 to 16<sup>th</sup> May. We are trying to get together a small group to plan how we will celebrate this as a congregation. If you are interested, or know someone else who might be, please contact Janet Winchester.

**WFM** Resolis Community Soup Lunch raising funds for Community and International Aid Charity, Women for Mission (WfM). Ferintosh & Resolis WFM Committee are planning to hold a soup and tea and cakes fundraiser between 12 and 2pm on Saturday 14<sup>th</sup> March in Resolis Free Church. £4 per person. Please bring along a friend and enjoy a warm welcome and a hearty lunch.

**Please take this home with you to help you with your prayers this week.**

***Hear my prayer, Lord; let my cry for help come to you. Psalm 102:1***

† Lord God, we lift up to you families and communities in Mozambique, Malawi and Zimbabwe that have been devastated by the cyclone last March. Draw near and comfort those who have lost loved ones and homes, and heal and restore people who are injured or traumatised. Praise God for the generosity of Tearfund supporters who have made it possible to help 68,000 people with food supplies and 50,000 more with essential items such as chlorine tablets, soap, jerry cans and buckets.

† May God's strength continue to support the service of CrossReach at Simpson House and Sunflower Garden, Edinburgh. This service provides counselling and therapeutic support to adults affected by drug abuse and young people affected by parental drug and/or alcohol use. Pray for the children and young people who are currently receiving group support, helping them to improve their emotional wellbeing and reduce isolation.

† Eternal God, to whom all may come through your Son, lay your healing hand upon all those who are sick. Make your loving presence known to those who are lonely. Give your strengthening power to those who are weak. May those who lack be filled, those who mourn be comforted, those who worry be calmed and those who seek forgiveness find it in Jesus Christ, through whom we pray. (Prayers for Today's World)

† Into your hands, merciful Lord, we commend ourselves for this day; may we be aware of your presence until its end; remind us that in whatever good we do we are serving you; make us careful and watchful, so that in everything we may discern your will, and, knowing it, may gladly obey. (Classis Prayers TLM)

***Remind yourself of God's faithfulness. Ask for his strength to cope with the challenges of this week. "Be strong and take heart and wait for the Lord."***  
*Psalm 27: 14*

**HIGHLAND FOODBANK** In 2019 7700 people were helped by the foodbank. This is an increase of 11 per cent. This indicates there is such a need in our area. There are leaflets at the back of the Church letting us know the items in short supply and requested for March and April. Do please take one so that you can target your donations. The organisers say that pasta, beans and soup are not required at this time due to shelves being full but tins of ham, Wheatabix/cornflakes (small), tins of corned beef, tins of potatoes and washing up liquid (small) are less plentiful. Thank you.